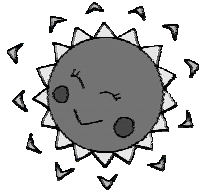


Introduction to Self-Direction

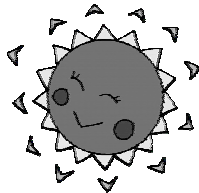


Module 2 Dreaming, Making Choices, and Planning

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Introduction to Self-Direction



Module 2 Dreaming, Making Choices, and Planning

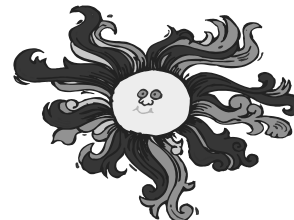
Self-direction is
about you.



Self-direction is about
your everyday life.

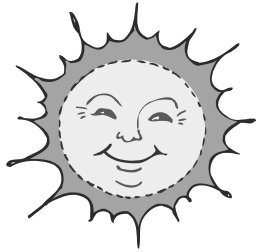


Self-direction is about



you being in charge.

**Self-direction is about
you being happy!**



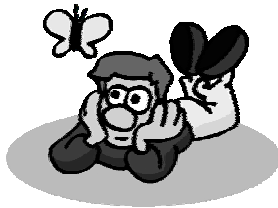
DREAMING

CHOOSING

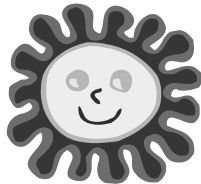


PLANNING

**Self-
direction
is about
your
dreams.**

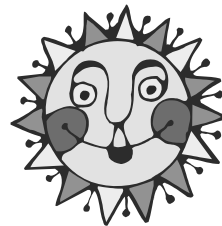


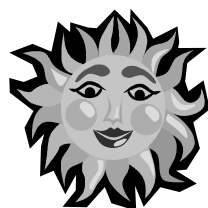
**What are your
dreams?**



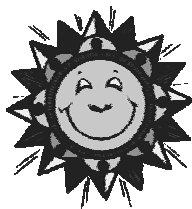
**What is something that
you would like to have
happen to you?**

**Who do you want
to be with?**



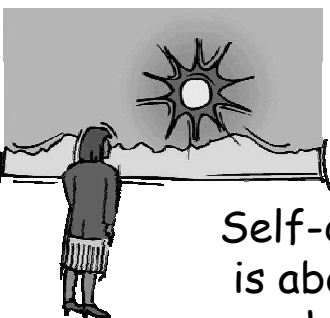


What do you like to do
and where do you like
to do it?



Activity #1

Drawing Our Dreams



Self-direction
is about your
choices.

We make choices
everyday.

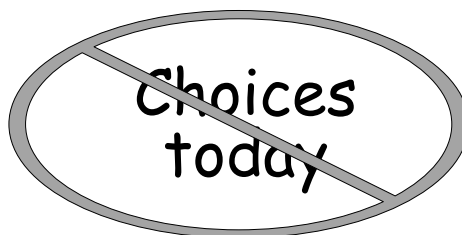


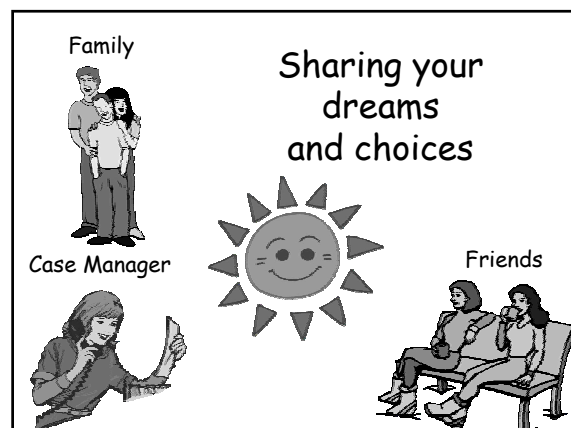
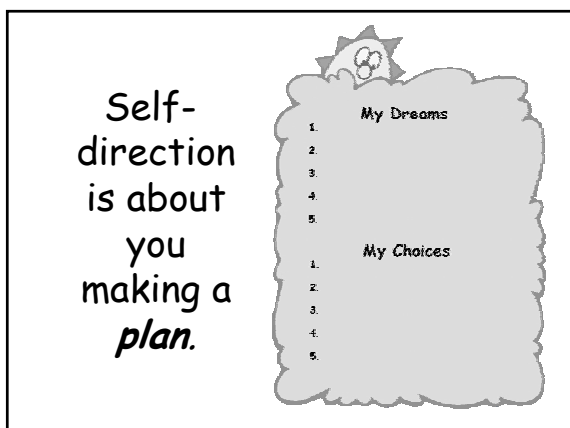
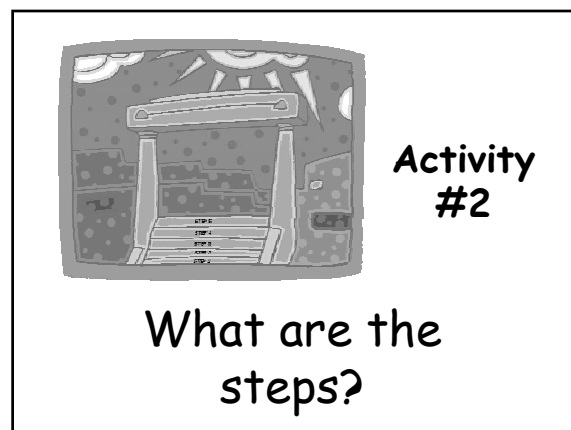
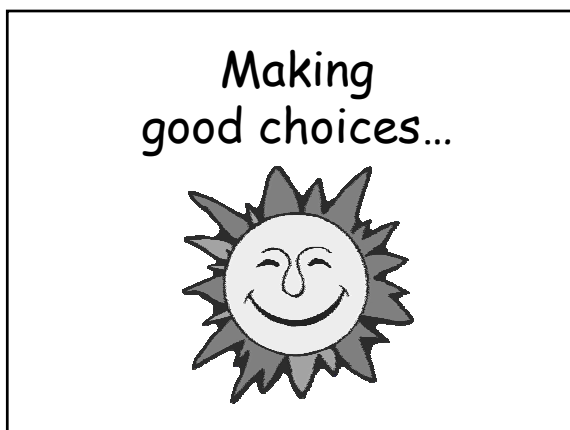
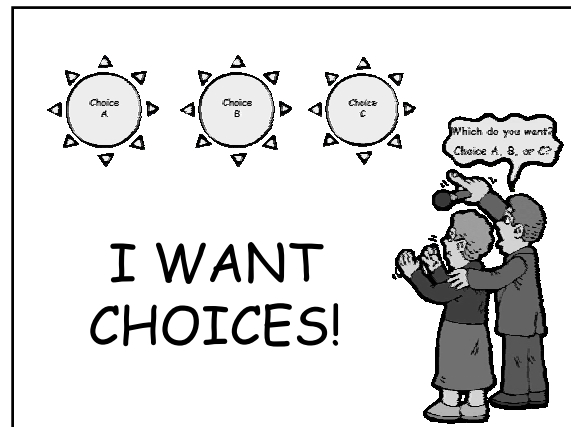
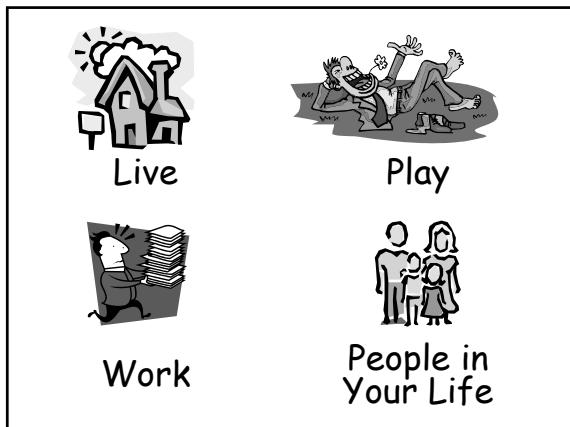
Breakfast?

Clothes?



Transportation?





What have we
learned?



**Share your thoughts
with us...**



1. What is one thing you learned about self-direction?
2. In this training, what does it mean to “dream”?
3. What are some choices that you make in life?
4. Who are the people who could help you make choices and a plan?
5. What more do you want to know about self-direction?